ALBUTEROL AND ATROVENT HFA INSTRUCTIONS

- 1) Obtain inhaler and aerochamber device.
- 2) Prime inhaler by taking the cap off the mouthpiece and shake the inhaler well. Then spray the inhaler 1 (one) time into the air away from your face.
- 3) Shake the inhaler and insert the MDI into the aerochambers flexible back piece.
- 4) Have the patient place the mouthpiece into mouth and close lips to provide an effective seal. Have the patient exhale completely and then depress the MDI. Have patient inhale slowly. If aerochamber makes a whistle sound, ask patient to slow their inhalation down. Have patient hold breath for 10 seconds and then have patient resume normal breathing. Administer (1) one puff at a time. Space puffs apart about (1) one minute.
- 5) Make sure package insert goes with patient for proper cleaning instructions.
- 6) Place MDI and aerochamber in resealable bag.

Author: A. Will RT