

SIH POST COVID PATIENT REFERRALS FOR REHABILITATION
8/06/2020

Post COVID patients needing Inpatient Rehabilitation must meet the following criteria prior to admission to Herrin Hospital Inpatient Rehabilitation Unit

- Minimum of 10 days since the onset of the patient's COVID symptoms or 20 days if immunocompromised
- Fever free for at least 24 hours without use of fever reducing medication
- Respiratory function improving
- No tracheostomy
- Stable, low flow oxygen protocol (6L or less for 72 hours)
- No nebulizer treatments
- Patient's family/caregiver aware of the current no visitor protocol in the hospital
- Discussion with Medical Director and Infection Prevention Department regarding patient status for final approval.
- Patient is considered recovered and no longer infectious and will be admitted to general care in the Inpatient Rehab Unit.
 - No isolation needed
 - Cohorting is allowed
 - **Resolve the "COVID" Infection flag if not done in acute care**
 - **Enter the "Post-COVID" flag**

Post COVID patients with less than 10 days since onset of patient's COVID symptoms

- Admit to the Inpatient Rehabilitation Unit in negative pressure room, if available, on Airborne/contact/Eye Protection Precautions until patient reach 10 days from onset of symptoms
- All therapies will be done in the isolation room
- Designated therapy equipment will be stored in the isolation room to avoid cross contamination: ADL equipment, restorators, weights, and Therabands

- Reevaluate on the 10th day with Medical Director and Infection Prevention prior to release from Airborne/Contact/Eye Precautions
 - If released from isolation
 - Discontinue isolation order
 - Resolve the "COVID" infection
 - Enter "Post-COVID" flag
 - Run Air scrubber
 - Complete isolation discharge checklist

Attachment

POST COVID-19 Pre-Admission Screen

Patient Name: _____

Date of Birth: _____

Date of Screening: _____

Referring Hospital: _____

Anticipated Rehab Admit Date: _____

	YES	NO	Notes
1. Has it been a minimum of 10 days since the onset of the patient’s COVID symptoms or 20 days if immunocompromised?			
2. Has the patient been fever free for at least 24 hours without Antipyretics?			
3. Is the patient’s respiratory function improving?			
4. Does the patient have a tracheostomy? If yes, admission to the rehab unit is contraindicated at this time			
5. Is the patient on a stable, low flow oxygen protocol? (6L or less for 72 hours)			
6. Is the patient receiving nebulizer treatments? If yes, needs to be changed to MDI.			
7. Does the patient meet the CMS criteria for inpatient rehab admission?			
8. Is the patient’s family/caregiver aware of the current no visitor protocol in the hospital?			